

Supplemental Material

Association between Ambient Air Pollution and Diabetes Mellitus in Europe and North America: Systematic Review and Meta-Analysis

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Table S1. Association between air pollution and diabetes mellitus.

Study, exposure	Exposure contrast	Unadjusted effect estimate (95% CI)	Adjusted effect estimate (95% CI)	Confounder adjustment	Effect modification
Krämer et al. 2010^a					
PM ₁₀ , monitoring stations	IQR: 10.1 µg/m ³	HR = 1.64 (1.20, 2.25)	HR = 1.16 (0.81, 1.65)	Baseline age, education, smoking, work place exposure to dust, fumes and extreme temperatures, BMI (average of baseline and follow-up).	Stronger association in women with high C3c levels: HR = 1.21 (0.70, 1.64)
NO ₂ , monitoring stations	IQR: 24.9 µg/m ³	HR = 1.53 (1.20, 1.95)	HR = 1.34 (1.02, 1.76)	Same as above	Stronger association in women with high C3c levels: HR = 1.29 (0.93, 1.79)
PM, traffic emission inventory	0.87 tons/year/km ²	HR = 1.23 (1.12, 1.35)	HR = 1.15 (1.04, 1.27)	Same as above	Stronger association in women with high C3c levels: HR = 1.24 (1.08, 1.41)
NO ₂ , traffic emission inventory	19 tons/year/km ²	HR = 1.22 (1.11, 1.34)	HR = 1.15 (1.04, 1.27)	Same as above	Stronger association in women with high C3c levels: HR = 1.24 (1.08, 1.41)
Soot, LUR	0.39 x 10 ⁻⁵ m	HR = 1.28 (1.12, 1.47)	HR = 1.27 (1.09, 1.48)	Same as above	Stronger association in women with high C3c levels: HR = 1.22 (1.02, 1.47)
NO ₂ , LUR	15 µg/m ³	HR = 1.47 (1.22, 1.77)	HR 1.42 (1.16, 1.73)	Same as above	Stronger association in women with high C3c levels: HR = 1.31 (1.01, 1.70)
Distance from a busy road	<100m	HR (low education) = 2.32 (1.29, 4.17)	HR (low education) = 2.54 (1.31, 4.91)	Same as above	Stronger association in women with high C3c levels HR = 3.51 (1.50, 8.23)
Distance from a busy road	<100m	HR (high education) = 0.86 (0.55, 1.36)	HR (high education) = 0.92 (0.58, 1.47)	Same as above	Same as above
Coogan et al. 2012^a					
PM _{2.5}	IQR: 10 µg/m ³	NA	IRR = 1.63 (0.78, 3.44)	Time-varying age, BMI, years of education, income, number of people in a household, smoking, alcohol intake, physical activity, neighbourhood socio-economic status score, family history of diabetes.	NA
NO _x	IQR: 12.4 ppb	NA	IRR = 1.25 (1.07, 1.46)	Same as above	NA

Study, exposure	Exposure contrast	Unadjusted effect estimate (95% CI)	Adjusted effect estimate (95% CI)	Confounder adjustment	Effect modification
Andersen et al. 2012^a					
NO ₂ (35-year mean)	IQR: 4.9 µg/m ³	HR = 1.11 (1.07, 1.15) ^b	HR = 1.04 (1.00, 1.08)	Baseline age, sex, BMI, waist-to-hip ratio, smoking status, duration and intensity, ETS, educational level, physical activity and intensity, alcohol, fruit and fat consumption and calendar year.	Stronger effects among women HR = 1.07(1.01, 1.13), subjects with high waist-to-hip ratio: HR = 1.09(1.01, 1.18), non-smokers: HR = 1.12 (1.05, 1.20), subjects with <8 years of education: HR= 1.06(1.01, 1.12), subjects with COPD: HR= 1.05(1.01, 1.09) and those with asthma: HR=1.05 (1.01, 1.09)
NO ₂ (15-year mean)	IQR: 5.6 µg/m ³	HR = 1.10 (1.06, 1.13) ^b	HR = 1.04 (1.01, 1.07)	Same as above	NA
NO ₂ (1-year mean at baseline)	IQR: 5.6 µg/m ³	HR = 1.08 (1.05, 1.11) ^b	HR = 1.02 (0.98, 1.05)	Same as above	NA
NO ₂ (1-year mean at follow-up)	IQR: 5.7 µg/m ³	HR = 1.10 (1.06, 1.13) ^b	HR = 1.04 (1.01, 1.07)	Same as above	NA
NO _x (35-year mean)	IQR: 11.4 µg/m ³	HR = 1.05 (1.03, 1.07) ^b	HR = 1.02 (1.00, 1.04)	Same as above	NA
NO _x (15-year mean)	IQR: 12.0 µg/m ³	HR = 1.05 (1.03, 1.07) ^b	HR = 1.02 (1.00, 1.04)	Same as above	NA
NO _x (1-year mean at baseline)	IQR: 10.9 µg/m ³	HR = 1.02 (1.01, 1.02) ^b	HR = 1.00 (1.00, 1.01)	Same as above	NA
NO _x (1-year mean at follow-up)	IQR: 12.0 µg/m ³	HR = 1.05 (1.03, 1.06) ^b	HR = 1.02 (1.00, 1.04)	Same as above	NA
Traffic proximity	Major road within 50m	HR = 1.20 (1.06, 1.36) ^b	HR = 1.07 (0.95, 1.21)	Same as above	NA
Traffic load	1,300 vehicles/km/day	HR = 1.05 (1.03, 1.08) ^b	HR = 1.02 (1.00, 1.04)	Same as above	NA
Puett et al. 2011^a					
PM _{2.5}	IQR: 4.0 µg/m ³	HR (men) = 1.05 (0.91, 1.22) ^c	HR (men) = 1.07 (0.92, 1.24)	Age, season, calendar year, state of residence, time-varying smoking status, pack years, alcohol intake, diet and hypertension, baseline BMI and physical activity.	NA
PM _{2.5}	IQR: 4.0 µg/m ³	HR (women) = 1.04 (0.97, 1.12) ^c	HR (women) = 1.02 (0.94, 1.09)	Same as above	NA
PM _{2.5}	IQR: 4.0 µg/m ³	HR (pooled) = 1.05 (0.98, 1.12) ^c	HR (pooled) = 1.03 (0.96, 1.10)	Same as above	NA
PM _{10-2.5}	IQR: 4.2 µg/m ³	HR (men) = 1.05 (0.94, 1.17) ^c	HR (men) = 1.04 (0.93, 1.16)	Same as above	NA
PM _{10-2.5}	IQR: 4.0 µg/m ³	HR (women) = 1.07 (1.01, 1.13) ^c	HR (women) = 1.04 (0.98, 1.10)	Same as above	NA
PM _{10-2.5}	IQR: 4.0 µg/m ³	HR (pooled) = 1.06 (1.01, 1.12) ^c	HR (pooled) = 1.04 (0.99, 1.09)	Same as above	NA
PM ₁₀	IQR: 7.2 µg/m ³	HR (men) = 1.06 (0.93, 1.20) ^c	HR (men) = 1.06 (0.94, 1.20)	Same as above	NA
PM ₁₀	IQR: 7.0 µg/m ³	HR (women) = 1.06 (1.01, 1.12) ^c	HR (women) = 1.03 (0.98, 1.09)	Same as above	NA
PM ₁₀	IQR: 7.0 µg/m ³	HR (pooled) = 1.06 (1.01, 1.12) ^c	HR (pooled) = 1.04 (0.99, 1.09)	Same as above	NA
Distance to road	0-49m vs. ≥200m	HR (men): 0.99 (0.82, 1.19) ^c	HR (men): 1.02 (0.85, 1.23)	Same as above	NA
Distance to road	50-99m vs. ≥200m	HR (men): 0.76 (0.51, 1.14) ^c	HR (men): 0.74 (0.49, 1.11)	Same as above	NA
Distance to road	100-199m vs. ≥200m	HR (men): 0.86 (0.66, 1.13) ^c	HR (men): 0.88 (0.67, 1.16)	Same as above	NA
Distance to road	0-49m vs. ≥200m	HR (women): 1.20 (1.08, 1.33) ^c	HR (women): 1.14 (1.03, 1.27)	Same as above	Stronger effect in women
Distance to road	50-99m vs. ≥200m	HR (women): 1.20 (1.03, 1.40) ^c	HR (women): 1.16 (0.99, 1.35)	Same as above	Same as above
Distance to road	100-199m vs. ≥200m	HR (women): 1.02 (0.92, 1.14) ^c	HR (women): 0.97 (0.88, 1.08)	Same as above	Same as above
Distance to road	0-49m vs. ≥200m	HR (pooled): 1.11 (0.92, 1.33) ^c	HR (pooled): 1.11 (1.01, 1.23)	Same as above	NA
Distance to road	50-99m vs. ≥200m	HR (pooled): 0.99 (0.64, 1.54) ^c	HR (pooled): 0.96 (0.87, 1.06)	Same as above	NA
Distance to road	100-199m vs. ≥200m	HR (pooled): 0.99 (0.86, 1.13) ^c	HR (pooled): 1.02 (0.92, 1.14)	Same as above	NA

Study, exposure	Exposure contrast	Unadjusted effect estimate (95% CI)	Adjusted effect estimate (95% CI)	Confounder adjustment	Effect modification
Brook et al. 2008^a					
NO ₂	1 ppb	NA	OR (men) = 0.99 (0.95, 1.03)	Age, sex, BMI and neighbourhood income	NA
NO ₂	1 ppb	NA	OR (women) = 1.04 (1.00, 1.08)	Same as above	Stronger effect in women
NO ₂	1 ppb	NA	OR (pooled) = 1.015 (0.98, 1.049)	Same as above	Same as above
Dijkema et al. 2011^a					
NO ₂	14.2-15.2 vs. 8.8-14.2 µg/m ³	OR = 0.98 (0.78, 1.23)	OR = 1.03 (0.82, 1.31)	Age, sex, BMI and average monthly income	Stronger effect in women.
NO ₂	15.2-16.5 vs. 8.8-14.2 µg/m ³	OR = 1.17 (0.94, 1.45)	OR = 1.25 (0.99, 1.56)	Same as above	Same as above
NO ₂	16.5-36.0 vs. 8.8-14.2 µg/m ³	OR = 0.80 (0.63, 1.01)	OR = 0.80 (0.63, 1.02)	Same as above	Same as above
Distance to nearest main road	140-220m vs. 220-1610m	OR = 1.10 (0.87, 1.39)	OR = 1.12 (0.88, 1.42)	Same as above	Same as above
Distance to nearest main road	74-140m vs. 220-1610m	OR = 1.22 (0.97, 1.53)	OR = 1.17 (0.93, 1.48)	Same as above	Same as above
Distance to nearest main road	2-74m vs. 220-1610m	OR = 0.94 (0.74-1.19)	OR = 0.88 (0.70-1.13)	Same as above	Same as above
Traffic flow at the nearest main road	5871-7306 vs. 5001-5871 vehicles/day	OR = 1.09 (0.87, 1.39)	OR = 1.02 (0.81, 1.29)	Same as above	Same as above
Traffic flow at the nearest main road	7306-9670 vs. 5001-5871 vehicles/day	OR = 0.98 (0.78, 1.23)	OR = 1.03 (0.81, 1.30)	Same as above	Same as above
Traffic flow at the nearest main road	9670-35567 vs. 5001-5871 vehicles/day	OR = 0.91 (0.72, 1.16)	OR = 0.96 (0.75, 1.22)	Same as above	Same as above
Traffic in 250m buffer	516-680 x 10 ³ vs. 63-516 x 10 ³ vehicles/day	OR = 1.28 (1.01, 1.61)	OR = 1.25 (0.99, 1.59)	Same as above	Same as above
Traffic in 250m buffer	680-882 x 10 ³ vs. 63-516 x 10 ³ vehicles/day	OR = 1.15 (0.91, 1.46)	OR = 1.13 (0.89, 1.44)	Same as above	Same as above
Traffic in 250m buffer	882-2007 x 10 ³ vs. 63-516 x 10 ³ vehicles/day	OR = 1.13 (0.89, 1.44)	OR = 1.09 (0.85, 1.38)	Same as above	Same as above
Chen et al. 2013^a					
PM _{2.5}	10 µg/m ³	HR = 1.08 (0.99, 1.17) ^d	HR = 1.11 (1.02, 1.21)	Baseline age, sex survey year, region, marital status, education, household income, BMI, physical activity, smoking, alcohol consumption, diet, race, hypertension, urban residency, neighbourhood-level unemployment rate, education, COPD, asthma, congestive heart failure and acute myocardial infarction	Stronger effects among subjects with COPD: HR= 1.33 (1.03, 1.71), women: HR= 1.17 (1.03, 1.32), subjects aged<50 years: HR= 1.19 (1.00, 1.40) or >65 years: HR= 1.18 (1.01, 1.38) and subjects with low level of education: HR= 1.13 (1.00, 1.28).
van den Hooven et al. 2009					
Distance-weighted traffic density	158-546 vs. <158 vehicles/ day*km	OR = 0.66 (0.30, 1.48)	OR = 0.69 (0.30, 1.57)	Maternal age, education, ethnicity, BMI, parity, smoking, alcohol consumption, month and year of birth.	NA
Distance-weighted traffic density	546-1,235 vs. <158 vehicles/ day*km	OR = 1.00 (0.49, 2.05)	OR = 1.07 (0.51, 2.23)	Same as above	NA
Distance-weighted traffic density	>1,235 vs. <158 vehicles/ day*km	OR = 0.67 (0.30, 1.49)	OR = 0.79 (0.35, 1.81)	Same as above	NA
Distance to major road	150-200m vs. >200m	OR = 1.17 (0.53, 2.60)	OR = 1.07 (0.47, 2.44)	Same as above	NA
Distance to major road	100-150m vs. >200m	OR = 0.76 (0.32, 1.82)	OR = 0.77 (0.32, 1.88)	Same as above	NA

Study, exposure	Exposure contrast	Unadjusted effect estimate (95% CI)	Adjusted effect estimate (95% CI)	Confounder adjustment	Effect modification
Distance to major road	50-100m vs. >200m	OR = 1.07 (0.50, 2.31)	OR = 1.13 (0.51, 2.50)	Same as above	NA
Malmqvist et al. 2013					
NO _x	9.0-14.1 vs. 2.5-8.9 µg/m ³	OR = 1.28 (1.07, 1.54)	OR = 1.19 (0.99, 1.44)	Maternal age, parity, prepregnancy BMI, calendar year, ethnicity, T1DM	NA
NO _x	14.2-22.6 vs. 2.5-8.9 µg/m ³	OR = 1.84 (1.56, 2.18)	OR = 1.52 (1.28, 1.82)	Same as above	NA
NO _x	>22.7 vs. 2.5-8.9 µg/m ³	OR = 1.98 (1.68, 2.35)	OR = 1.69 (1.41, 2.03)	Same as above	NA
Traffic density within 200m	<2 cars/min vs. No road	OR = 0.89 (0.75, 1.06)	OR = 0.93 (0.78, 1.12)	Same as above	NA
Traffic density within 200m	2-5 cars/min vs. No road	OR = 1.04 (0.88, 1.23)	OR = 0.96 (0.81, 1.14)	Same as above	NA
Traffic density within 200m	5-10 cars/min vs. No road	OR = 1.53 (1.27, 1.84)	OR = 1.18 (0.97, 1.43)	Same as above	NA
Traffic density within 200m	>10 cars/min vs. No road	OR = 1.50 (1.24, 1.82)	OR = 1.23 (1.01, 1.51)	Same as above	NA
Hathout et al 2006					
O ₃	10 ppb	OR = 2.92 (1.86, 4.58)	OR = 1.73 (1.08, 2.77)	Age at diagnosis/entry, ETS, attendance of day care, breast feeding, maternal diabetes, family history of diabetes and autoimmunity, maternal drug use, parental education.	NA
SO ₄	10 µg/m ³	OR = 1.65 (1.20, 2.28)	NA	NA	NA
SO ₂	1 ppb	OR = 1.42 (0.91, 2.21)	NA	NA	NA
NO ₂	10 ppb	OR = 1.03 (0.71, 1.50)	NA	NA	NA
PM ₁₀	10 µg/m ³	OR = 1.08 (0.87, 1.34)	NA	NA	NA
Hathout et al 2002					
O ₃	IQR: 10.93 ppb	OR = 4.22 (1.96, 9.10)	OR = 4.22 (1.96, 9.10)	Age	NA
SO ₄	IQR: 1.025 µg/m ³	OR = 0.56 (0.37, 0.87)	OR = 0.55 (0.35, 0.85)	Same as above	NA
SO ₂	IQR: 1.235 ppb	OR = 0.54 (0.33, 0.89)	OR = 0.52 (0.31, 0.88)	Same as above	NA
NO ₂	IQR: 11.175 ppb	OR = 0.57 (0.31, 1.02)	OR = 0.56 (0.30, 1.03)	Same as above	NA
PM ₁₀	IQR: 22.65 µg/m ³	OR = 2.37 (1.11, 5.03)	OR = 2.37 (1.11, 5.03)	Same as above	NA
Fleisch et al. 2014					
Central-site PM _{2.5}	IQR: 1.7 µg/m ³	NA	OR = 0.81 (0.62, 1.08)	Age, prepregnancy BMI, pregnancy weight gain, education, race/ethnicity, family history of diabetes, prior GDM and season of last menstrual period.	NA
Central-site PM _{2.5}	10.0-10.7 vs. 8.3-10.0 µg/m ³	NA	OR = 0.91 (0.50, 1.65)	Same as above	NA
Central-site PM _{2.5}	10.7-11.7 vs. 8.3-10.0 µg/m ³	NA	OR = 0.52 (0.27, 1.00)	Same as above	NA
Central-site PM _{2.5}	11.7-17.2 vs. 8.3-10.0 µg/m ³	NA	OR = 0.69 (0.38, 1.27)	Same as above	NA
Spatiotemporal PM _{2.5}	IQR: 2.0 µg/m ³	NA	OR = 0.94 (0.67, 1.34)	Same as above	NA
Spatiotemporal PM _{2.5}	10.8-11.8 vs. 8.5-10.8 µg/m ³	NA	OR = 0.62 (0.30, 1.28)	Same as above	NA
Spatiotemporal PM _{2.5}	11.8-12.8 vs. 8.5-10.8 µg/m ³	NA	OR = 0.93 (0.48, 1.78)	Same as above	NA
Spatiotemporal PM _{2.5}	12.8-15.9 vs. 8.5-10.8 µg/m ³	NA	OR = 0.71 (0.35, 1.42)	Same as above	NA
Central-site black carbon	IQR: 0.16 µg/m ³	NA	OR = 0.69 (0.42, 1.13)	Same as above	NA
Central-site black carbon	0.78-0.87 vs. 0.60-0.78 µg/m ³	NA	OR = 0.75 (0.39, 1.45)	Same as above	NA

Study, exposure	Exposure contrast	Unadjusted effect estimate (95% CI)	Adjusted effect estimate (95% CI)	Confounder adjustment	Effect modification
Central-site black carbon	0.87-0.94 vs. 0.60-0.78 $\mu\text{g}/\text{m}^3$	NA	OR = 0.59 (0.25, 1.35)	Same as above	NA
Central-site black carbon	0.94-1.10 vs. 0.60-0.78 $\mu\text{g}/\text{m}^3$	NA	OR = 0.60 (0.23, 1.53)	Same as above	NA
Spatiotemporal black carbon	IQR: 0.34 $\mu\text{g}/\text{m}^3$	NA	OR = 1.02 (0.73, 1.41)	Same as above	NA
Spatiotemporal black carbon	0.55-0.70 vs. 0.14-0.55 $\mu\text{g}/\text{m}^3$	NA	OR = 1.01 (0.54, 1.87)	Same as above	NA
Spatiotemporal black carbon	0.70-0.89 vs. 0.14-0.55 $\mu\text{g}/\text{m}^3$	NA	OR = 1.12 (0.59, 2.09)	Same as above	NA
Spatiotemporal black carbon	0.89-1.69 vs. 0.14-0.55 $\mu\text{g}/\text{m}^3$	NA	OR = 0.90 (0.45, 1.79)	Same as above	NA
Neighbourhood traffic density within 100m	IQR: 1,533 vehicles/day*km	NA	OR = 1.02 (0.87, 1.18)	Same as above	NA
Neighbourhood traffic density within 100m	4,062-9,680 vs. 0-4,061 vehicles/day*km	NA	OR = 1.18 (0.66, 2.11)	Same as above	NA
Neighbourhood traffic density within 100m	9,680-19,371 vs. 0-4,061 vehicles/day*km	NA	OR = 0.94 (0.51, 1.72)	Same as above	NA
Neighbourhood traffic density within 100m	19,383-30,860 vs. 0-4,061 vehicles/day*km	NA	OR = 0.74 (0.39, 1.42)	Same as above	NA
Home roadway proximity	$\leq 200\text{m}$ vs. $> 200\text{m}$	NA	OR = 0.99 (0.52, 1.88)	Same as above	NA
Pearson et al. 2010					
PM _{2.5} (36km model, 2004)	10 $\mu\text{g}/\text{m}^3$	OR = 6.69 (5.53, 7.77)	OR = 3.16 (2.77, 3.74)	County-level median age, per capita income, percentage of men, per capita income, percentage of the population aged >25 years with a high school or general equivalency degree, percentage of ethnicities, prevalence of obesity, physical activity, population density and latitude (from census 2000)	NA
PM _{2.5} (36km model, 2004)	10 $\mu\text{g}/\text{m}^3$	OR = 6.69 (5.53, 7.77)	OR = 2.18 (1.48, 3.49)	Same as above (from ACS 1-year)	NA
PM _{2.5} (36km model, 2005)	10 $\mu\text{g}/\text{m}^3$	OR = 6.69 (5.42, 7.92)	OR = 2.51 (2.12, 3.10)	Same as above (from census 2000)	NA
PM _{2.5} (36km model, 2005)	10 $\mu\text{g}/\text{m}^3$	OR = 6.69 (5.42, 7.92)	OR = 2.25 (1.62, 2.91)	Same as above (from ACS 1-year)	NA

PM: particulate matter; PM₁₀: particulate matter <10 μm in diameter; PM_{10-2.5}: particulate matter between 2.5 and 10 μm in diameter; PM_{2.5}: particulate matter <2.5 μm in diameter; NO₂: nitrogen dioxide; NO_x: nitrogen oxides; O₃: ozone; SO₂: sulphur dioxide; SO₄: sulphate; T1DM: type 1 diabetes mellitus; GDM: gestational diabetes mellitus; LUR: land-use regression; IQR: interquartile range; C3c: complement protein 3c; ETS: environmental tobacco smoking; BMI: body mass index; COPD: chronic obstructive pulmonary disease; NA: not available; ACS: American Community Survey.

^aIncluded in meta-analysis. ^bAdjusted for only age. ^cAdjusted for age, season and year. ^dAdjusted for age, sex, year and region.

Table S2. Risk of bias assessment for included studies.

Source	Adjustment for basic DM risk factors ^a at baseline	Exposure assessment before DM diagnosis	Exposure modelled at participants' residence	Attempts to identify undiagnosed DM	Consideration of healthy survivor bias	Adjustment for noise as an environmental risk factor	Consideration of time-dependent confounding
Krämer et al. 2010 ^b	Yes ^c	Yes	Yes	No	No	No	No
Andersen et al. 2012 ^b	Yes ^c	Yes	Yes	No	No	No	Yes
Puett et al. 2011 ^b	Yes ^c	Yes	Yes	No	No	No	Yes
Coogan et al. 2012 ^b	Yes ^d	No	Yes	No	No	No	Yes
Chen et al. 2013 ^b	Yes ^b	Yes	Yes	No	No	No	No
Brook et al. 2008 ^b	Yes ^e	No	Yes	No	NA	No	NA
Dijkema et al. 2011 ^b	Yes ^f	No	Yes	Yes	NA	No	NA
Pearson et al. 2010	Yes ^g	NA	NA	NA	NA	No	NA
Malmqvist et al. 2013	Yes ^c	No	Yes	No	NA	No	NA
Van den Hooven et al. 2009	Yes ^c	Yes	Yes	No	NA	No	NA
Hathout et al. 2002	Yes ^h	Yes	Yes	No	NA	No	NA
Hathout et al. 2006	Yes	Yes	Yes	Yes	NA	No	NA
Fleisch et al. 2014	Yes ^d	No	Yes	Yes	NA	No	NA

^aInclude age, BMI, socio-economic status, smoking, family history and physical activity. ^bIncluded in meta-analysis. ^cExcept family history. ^dExcept physical activity. ^eExcept family history, physical activity; ^fexcept family history, physical activity, smoking. ^gOn ecologic scale. ^hOnly age. NA: not applicable.

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